

About the project

The Dementia Peer Support Project is a community based service for people living with dementia and their carers.

This project is the result of feedback from members of the community living with dementia, about the gap in service provision following a diagnosis of dementia.

The aim of the project is to improve well-being, share information, reduce social isolation and empower people living with dementia as well as their carers.

As a result of joining the project, people may be less likely to require health services at crisis point.

Peer support can run at different locations as required.

Contact

For further information about joining the Dementia Peer Support Project, please contact: Clementine

Brent Dementia Peer Support Project
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To learn more about Community Action on Dementia, visit our website:

www.cad-brent.org.uk

Funded by Brent CCG

NHS
Brent
Clinical Commissioning Group

Brent Dementia Peer Support Project

What the service offers



What services does The Dementia Peer Support Project offer?

The Dementia Peer Support Project provides a number of services to the community, for both those living with dementia and their carers. These services include:

One-to-one peer support between people living with dementia

Group peer support between people living with dementia

Empowerment and confidence building for people living with dementia

Advice and information for people living with dementia as well as their carers, using the experience of people living with dementia

Advocacy and signposting to a range of other services available in the community

Stimulating activities to improve personal independence and develop skills

Support for people living with dementia and their carers to understand and deal with their feelings, in order to avoid crisis and reduce stress

A safe space to develop strategies to live well with dementia

Organised visits to places of interest as chosen by members of the Dementia Peer Support Project

Support to continue with hobbies and to develop new ones

For more information about these services, please visit our website:

www.cad-brent.org.uk

