

	Brent Health and Wellbeing Board 29 January 2026
	Report from the Director of Brent Health Matters
	Lead Cabinet Member for Adult Social Care, Public Health and Leisure – Cllr Neil Nerva
Impact and Outcomes of the Brent Health Matters programme	

Wards Affected:	None.
Key or Non-Key Decision:	N/A
Open or Part/Fully Exempt: <small>(If exempt, please highlight relevant paragraph of Part 1, Schedule 12A of 1972 Local Government Act)</small>	Open
List of Appendices:	Appendix 1 – BHM Achievements and Outcomes Presentation
Background Papers:	None
Contact Officer(s): <small>(Name, Title, Contact Details)</small>	Nipa Shah (Director of Brent Health Matters) Nipa.shah@brent.gov.uk 07918377322

1.0 Executive Summary

- 1.1. To update the board on the impact and outcomes of the Brent Health Matters adults programme.
- 1.2. To update the board on the programme's achievements, challenges and future plans.
- 1.3. To inform the board of peer review commissioned with Local Government Association (LGA)

2.0 Recommendation(s)

- 2.1 To note the impact and outcomes of the Brent Health Matters adults programme.

3.0 Detail

3.1 Contribution to Borough Plan Priorities & Strategic Context

- 3.1.1 The Brent Health Matters programme aligns with the 'A Healthier Brent' priority within the Borough Plan. It particularly focusses on the outcome of tackling health inequalities in Brent, through various initiatives delivered in the community. The impact and outcomes report attached to this report highlights the impact of the programme against several health inequalities measures.

3.2 Background

3.2.1 Brent Health Matters was set up in September 2020, following the first wave of COVID when Brent was disproportionately affected with number of cases and number of deaths.

3.2.2 Funding for the Clinical and Mental Health teams came from NWL ICB following a business case. Funding for the council employed team and Health Educators (provided by a consortium of voluntary organisations) came from a Public Health grant. Funding for CYP team came from NWL ICB HI allocation for Brent. This funding finishes in March 2026. We are in the process of writing a business case for ongoing funding.

4.0 Stakeholder and ward member consultation and engagement

4.1 Not applicable.

5.0 Financial Considerations

5.1 None.

6.0 Legal Considerations

6.1 None.

7.0 Equity, Diversity & Inclusion (EDI) Considerations

7.1 None.

8.0 Climate Change and Environmental Considerations

8.1 None.

9.0 Human Resources/Property Considerations (if appropriate)

9.1 None.

10.0 Communication Considerations

10.1 The annual report for 2024/25 Brent Health Matters programme has been produced. Following review and approval by senior managers and the Lead Member, it is expected to be published to stakeholders and the community in February 2026.

Report sign off:

Rachel Crossley

Corporate Director of Service Reform and Strategy