Annexe 1

FWC core service offer

HEALTH

- Antenatal and maternity care
- Infant feeding support
- Health visiting
- School nursing
- Oral health improvement
- Speech and language development
- General health, registering with GP, information on local hospitals
- Keeping fit and active
- Nutrition, weight management, healthy cooking
- Information on common childhood illnesses
- Immunisations
- Parent-Infant Relationships and Perinatal Mental Health Support
- Mental health services (beyond Start for Life parent-infant mental health)
- Healthy Start vitamin project
- Stop smoking support

PARENTS & CARERS SUPPORT

- Dads/ Male Carers support
- Employment, including getting ready for work, (CV writing, job searches)
- Adult education i.e. ESOL and Maths courses
- Debt and welfare advice (claiming benefits, debt management, budgeting)
- Housing advice (homelessness, renting)
- Legal advice (immigration, employment, marital)
- Parent / Carer emotional wellbeing

EDUCATION

- Early Childhood Education and Care (ECEC) and financial support (Tax-Free Childcare, Universal Credit childcare)
- Early Language and the Home Learning Environment
- Applying for a school place
- Starting school
- Transitions
- Improving school attendance
- Homework clubs
- Education, employment support for young people (13-16, 16+)
- Activities for early years/ primary and secondary
- Support for families with children with Special Educational Needs and/ or Disabilities (SEND)

FAMILY SUPPORT

- Parenting programmes
- Workshops on setting routines and boundaries
- Staying safe on computers, phones and at home
- Relationship support
- Support for separating and separated parents and their children
- Intensive targeted family support services, including those funded by the Supporting Families programme
- Substance (alcohol/ drug) misuse support
- Youth Justice services
- Youth services universal and targeted
- Domestic abuse support (adults and children)
- Parents as First Teachers (PAFT)