

 <b>Brent</b> <b>NHS</b> <b>North West London</b>	<b>Brent Health and Wellbeing Board</b> 12 January 2023
	<b>Report from Director of Brent Health Matters</b>
<b>Brent Health Matters programme update</b>	

<b>Wards Affected:</b>	All wards
<b>Key or Non-Key Decision:</b>	Non-Key Decision
<b>Open or Part/Fully Exempt:</b>	Open
<b>No. of Appendices:</b>	Appendix 1 – Brent Health Matters Update
<b>Background Papers</b>	None
<b>Contact Officer(s):</b> (Name, Title, Contact Details)	Nipa Shah Director of Brent Health Matters <a href="mailto:nipa.shah@brent.gov.uk">nipa.shah@brent.gov.uk</a> 07825106079

## 1.0 Purpose of the Report

1.1 To provide an update on the Brent Health Matters programme.

## 2.0 Recommendations

2.1 To note the progress made by Brent Health Matters programme.

## 3.0 Brent Health Matters update

3.1 Over the last few months, progress has been made on the key priorities of the Brent Health Matters programme. The key priorities are:

- Community engagement and involvement: to increase residents' trust in statutory services and demonstrate that they have been heard.
- Inform and support residents: to better equip residents with information on the range of services, support, education and advice available to support management of long-term conditions and self-care.
- Improve access to services: Improve residents' access to the range of services available in the borough, at a time and place that suits residents.
- Active community partners: increase residents' knowledge and confidence to be active partners in addressing barriers in managing their health and wellbeing issues and reducing inequalities in Brent.
- Inform, perform and learn: develop a performance framework of how statutory services will achieve a reduction in health inequalities, and how they will improve the health and wellbeing of residents.

3.2 Community engagement and involvement

- Held virtual community forums on 'access to GP services' and 'access to emotional support'. Liaised with services to discuss ideas and concerns by communities around access and awareness of services, to identify and implement suitable actions.
- Started holding bi-monthly stakeholder meetings for VCS organisations, BHM and other council/NHS staff, to provide an open engagement platform between organisations.
- Community network includes informing/involving/consulting/co-producing with 440 VCS organisations and 43 volunteer Community Champions so far.
- Co-delivered local actions in all Brent Connects areas, for example ran healthy eating and cooking sessions to 8 people with learning disabilities in partnership with Brent Mencap, and formed the Brent Somali Forum with 9 Somali community organisations.

### 3.3 Inform and support residents

- Held health and wellbeing live radio phone-in panel sessions on mental health, organ donation and childhood immunisations – engaged with listeners on the Beat FM with a panel of health experts and residents with lived experience.
- Health Educators engaged with 11,826 people so far, to raise awareness about Diabetes through events, workshops, health education sessions and stalls in the community. Health Educators started 3-month case management approach in August 2022 – successfully provided support to 12 residents so far.
- Delivered mental health and wellbeing awareness sessions to communities.
- Clinical team proactively contacted and supported patients from GP practices, to help them manage their health conditions through vaccinations, health checks and screenings. The Clinical team also continued to support people with GP registrations.
- Health Digital Champions delivered diabetes digital training course to digitally excluded residents with Diabetes – 84 people have gained access to personal Know Diabetes account and graduated from course so far.

### 3.4 Improve access to services

- Held 22 large-scale events in the community so far to diagnose, educate and increase self-management of Diabetes, and raise awareness of other local services including Housing, Public Health, Adult Social Care and Employment – 2,878 people attended, over 2,474 health checks done. Started holding regular clinics at 4 community venues.
- Continued to run Patient Advice line that any Brent resident can contact to ask about any health and social care concerns or queries, so that they can be signposted to the right support.
- Engaged with POHWER & Healthwatch to understand existing barriers and issues raised by communities, to inform how services' approach needs to change. Feedback collated and shared with BHM leads for discussion.
- Brent Mencap and Streetlink delivered awareness sessions to BHM staff on 'Learning Disability and Hate Crime' and 'How best to support rough sleepers this winter?'

### 3.5 Active community partners

- Distributed £250k to 29 VCS organisations following 'decision days'. Several organisations have started implementing projects.
- Provided capacity building to VCS organisations and individuals, to apply for other funding opportunities.
- Facilitated Diabetes peer support group sessions – 20 residents participated in groups so far.

### 3.6 Inform, perform and learn

- Developing new BHM dashboard to align with refreshed programme priorities.
- Awarded UCL-BHM grant towards 9-month community research project. Awaiting recruitment of Community Research Officer.

### 3.7 Example of joint working with local services

- The Brent Health Matters team are working with the employment team, where the skills training and employment teams have attended various community events.
- BHM is working with Catalyst, a local housing association, which has 3,455 properties in Brent.
  - Supported residents to set up a Resident Association, which was disbanded during Covid, which will improve links and communications between tenants and staff
  - Promoting use of Unity centre for Health and Wellbeing events, which is positive view of the centre for the community, rather than somewhere which holds funerals
  - Clarifying role of Catalyst neighbourhood teams and their responsibilities, compared to council neighbourhood teams
  - Repair of local park, and tackling antisocial behaviour which has enabled use of the park for children
  - Setting up weekly Health and Wellbeing café at Unity centre with various organisations in attendance to discuss any issues with tenants invited including Met Police, Hestia, Green Doctors, Trussell Trust etc.
  - Developing the existing gym in Unity centre to more community activity unit
  - Held 2 HWB events at the Unity Centre (one with a local church) with over 400 people attending
  - Completed healthy cooking classes on budget including educational element on residents request
  - HWB event with Somali community (bringing 9 local Somali organisations together) with health checks, MH teams

### 3.8 Example of working with health services

- BHM local action plan which includes priorities identified by local communities being fed into the development of Integrated Neighbourhood teams
- Community events done in collaboration with local PCNs where the practices have send text messages to a targeted cohort of patients
- Closer working relationships developed with GP practices for patient escalations identified in the community
- Closer working relationships developed with CLCH community services, which enables BHM to refer patients directly
- Improved pathways for registering with GP practices

## 4.0 Financial Implications

4.1 None.

## 5.0 Legal Implications

5.1 None.

## 6.0 Equality Implications

6.1 None.

**Report sign off:**

Tom Shakespeare  
 Managing Director, Brent Integrated Care Partnership