












July August 22 V3.	<b>MONDAY</b> 25 July 1/8/15/22 August 22	<b>TUESDAY</b> 19 <sup>TH</sup> & 26 <sup>TH</sup> July 2/9/16/23 August 22	<b>WEDNESDAY</b> 27 <sup>TH</sup> July 3/10/17/24 August 22	<b>THURSDAY</b> 21 <sup>ST</sup> & 28 <sup>TH</sup> July 4/11/18/25 August 22	<b>FRIDAY</b> 29 <sup>TH</sup> July 22 5/12/19/26 August 22	<b>SATURDAY</b> 30 <sup>TH</sup> July 22
<p align="center"><b>Summer Youth Activities</b></p> <p><a href="http://www.brent.gov.uk/familywellbeingcentres">www.brent.gov.uk/familywellbeingcentres</a></p>  	<p><b>11.00- 3.00pm</b> <b>FOOTBALL CAMP</b> WEUROS 25<sup>th</sup> -28<sup>th</sup> July 22 Lunch Provided 8-18 years old</p>  <p><b>9.30am- 3pm</b> <b>KIDZPLAY</b> 8 years plus Lunch Provided 1<sup>st</sup> Aug-25<sup>th</sup> August 22 Activities include arts &amp; crafts, games &amp; trips</p> <p><b>12-2pm</b> <b>FAMILY HEALTHY COOKING</b> 4-12 years old 15<sup>th</sup> &amp; 22<sup>nd</sup> August 22 Booking required</p>	<p><b>10am -12pm</b> <b>JAYS ART CLUB</b> 7years old plus Booking Required 11.00- 3.00pm</p> <p><b>FOOTBALL CAMP</b> WEUROS 25<sup>th</sup> -28<sup>th</sup> July 22 Lunch Provided 8-18 years old</p> <p><b>9.30am- 3pm</b> <b>KIDZPLAY</b> 8 years plus Lunch Provided 1<sup>st</sup> Aug-25<sup>th</sup> August 22 Activities include arts &amp; crafts, games &amp; trips</p> 	<p><b>10am -12pm</b> <b>JAYS ART CLUB</b> 7years old plus Booking Required</p> <p><b>11.00- 3.00pm</b> <b>FOOTBALL CAMP</b> WEUROS 25<sup>th</sup> -28<sup>th</sup> July 22 Lunch Provided 8-18 years old</p> <p><b>9.30am- 3pm</b> <b>KIDZPLAY</b> 8 years plus Lunch Provided 1<sup>st</sup> Aug-25<sup>th</sup> August 22 Activities include arts &amp; crafts, games &amp; trips</p> <p><b>3.30-5pm</b> <b>Multi Sports</b> 11-18 years old. Booking required</p>	<p><b>11.00- 3.00pm</b> <b>FOOTBALL CAMP</b> WEUROS 25<sup>th</sup> -28<sup>th</sup> July 22 Lunch Provided 8-18 years old</p> <p><b>9.00-4.00pm</b> <b>HEALTH VISITING</b> 1&amp;2 year old Development reviews Appointment only</p> <p><b>9.30am- 3pm</b> <b>KIDZPLAY</b> 8 years plus Lunch Provided 1<sup>st</sup> Aug-25<sup>th</sup> August 22 Activities include arts &amp; crafts, games &amp; trips</p> 	<p><b>9-4pm</b> Weight Management Clinic Appointment only</p> <p><b>10-12pm</b> <b>REGISTRATION DROP IN</b> Come and get help to register at the FWC No appointment necessary</p> 	<p align="center"><b>KIDZPLAY</b></p> <p><b>FOR INFORMATION CONTACT:</b> <b>ABBEY 07977681977 OR</b> <b>KIDZPLAYHAF@GMAIL.COM</b> <b>TO BOOK USE THE QR CODE BELOW</b></p>   <p align="center"><b>FOOTBALL CAMP</b></p> <p><b>For more information contact</b> <b>Sachaatsport@the heart.org</b> <b>Sacha 07534 269921</b></p>
<p><b>Summer Early Years Activities</b></p> <p>Registration link:</p>  <p><b>St Raphael's Family Well Being Centre</b> <b>Rains Borough Close</b> <b>NW10 OTS</b> <b>020 8937 3620</b></p>	<p><b>9.15-10.45am</b> <b>CHILD TALK</b> Learn about your baby's growth and speech development, social and emotional needs <b>0-5 years</b> Booking required</p> <p><b>9-4pm</b> <b>Midwifery Team</b> Appointment only</p>	<p><b>10-11am</b> <b>BABY TALK</b> <b>0-12 months</b> Booking Required</p> <p><b>10-11.30AM</b> <b>BEST START FOR LIFE STORY EXPLORERS</b> BOOKSTART LIBRARY EVENT 19<sup>th</sup> July 22 Ages 1-4 years Explore books through storytelling and puppets. Book Trust packs will be explored and given to each child ages 1-2or 3-4 years</p> <p><b>9-4pm</b> <b>Midwifery Team</b> Appointment only</p>	<p><b>9.30-3.00pm (Every 2 weeks)</b> <b>CITIZENS ADVICE BRENT (CAB)</b> CAB offer good quality independent Advice on issues such as benefits housing Welfare rights.</p> <p><b>LET'S TALK.</b> Parents can learn how to support their children's language development through activities and singing. In addition parents can Get advice to support your child's from the Speech and Language Team.</p> <p><b>0-5 years</b> Booking Required</p> <p><b>3.30-5pm</b> <b>Family Fun Fitness</b> 4-12 years old. Booking required</p> <p><b>9-4pm</b> <b>Health Visitors</b> Appointment only</p>	<p><b>10.15-11.45</b> <b>BEING WITH YOUR BABY</b> <b>Babies 6-12 months</b> 3 SESSION Share songs play together and explore your &amp; Baby's wellbeing 21/28 July &amp; 4<sup>th</sup> August</p> <p><b>9.00-4.00pm</b> <b>SMALL TALK SLT</b> One to One Individual appointment only</p> <p><b>9-4pm</b> <b>Health Visitors</b> Appointment only</p> 	<p><b>9-4pm</b> Weight Management Clinic Appointment only</p> <p><b>10-12pm</b> <b>REGISTRATION DROP IN</b> Come and get help to register at the FWC No appointment necessary</p> 	<p><b>10.00 - 11.30am</b> <b>FATHER'S SESSION (male carers only)</b> Covers different topics every session. Booking Required</p> 