
 Brent  North West London	Brent Health and Wellbeing Board 23 July 2024
	Report from the Executive Director of Strategy and Population Health
	North West London ICB
Mental Health Strategy for adult residents of North West London	

Wards Affected:	All
Key or Non-Key Decision:	N/A
Open or Part/Fully Exempt: <small>(If exempt, please highlight relevant paragraph of Part 1, Schedule 12A of 1972 Local Government Act)</small>	Open
List of Appendices:	Appendix 1 - Mental Health Strategy
Background Papers:	None
Contact Officer(s): <small>(Name, Title, Contact Details)</small>	Toby Lambert Executive Director of Strategy and Population Health, North West London ICB

1.0 Executive Summary

- 1.1 This paper outlines the development of the mental health strategy for adult residents of North West London (the strategy for children and young people will follow).
- 1.2 The strategy has been developed by a working group drawing representation from local authorities and our providers, chaired by clinicians.
- 1.3 It sets out ten ambitions (paragraph 0 below), supported by more detailed recommendations in the supporting slide pack.

2.0 Recommendation(s)

- 2.1 That the Health and Wellbeing Board note the content of the report.

3.1 Detail

- 3.1.1 North West London has been developing the mental health strategy for our residents in two stages – first, for adult residents of North West London, then the strategy for children and young people will be developed over the autumn. This paper covers the strategy for adult residents.
- 3.1.2 The strategy has been developed by a working group comprising representatives from Local Authorities, Borough-Based Partnerships, the VCSE, Service Users, ICS Programmes and ICB Core Teams. The working

group was chaired by the medical director of CNWL's Jameson division and the ICB's GP mental health lead. Together, the working group has:

- a. Reviewed and analysed data points from the Mental Health Joint Strategic Needs Assessment toolkit to demonstrate a shared understanding of need;
- b. Reviewed the Joint Strategic Needs Assessments and Joint Health and Wellbeing Strategies developed for each of our boroughs;
- c. Gathered insights from our regular outreach engagement programme, drop-in sessions in each borough and online focus groups. These have encouraged our residents to share their personal experiences and stories as well as their views on further improvements;
- d. Collected views on areas of success, biggest challenges and current priorities, to inform the themes of this strategy. As we implement, we will continue to engage to ensure that services continue to support – and better support – all of our residents that use them.

3.1.3 We have conducted extensive engagement with residents in developing this strategy, with eight pivotal sessions across each of the eight boroughs. These sessions held from late August to early October, brought together a diverse range of residents and service users to share their experiences. Two online sessions (lunchtime and evening) open to all residents also took place. The engagement report is available at <https://www.nwlondonicb.nhs.uk/get-involved/your-views-mental-health-services-nw-london>

A number of key themes were highlighted through engagement which included increasing residents' awareness of services and improving access to them, expanding community mental health offers, reducing waiting times for assessments, ensuring a tailored and inclusive approach to services as well better integration of services to avoid patients passing from one service to another.

3.1.4 The draft strategy has been tested with the mental health, learning disabilities and autism programme board, mental health trust chief executives, and various operational and clinical groups within our mental health trusts.

3.1.5 The strategy makes a number of recommendations which set the following ambitions for our adult mental health services:

- a. Raised awareness across North West London so that every resident knows how to access mental health support both in crisis and more widely in the community.
- b. Developed an assets-based approach to promoting mental health, wellbeing and independent living, partnering with and investing in local community organisations.
- c. Increased equity and equality of service access to reflect different needs of our local and diverse communities, with greater targeted support to those with severe mental illness.
- d. A consistent core offer for community and crisis care for adults, with a focus on severe mental illness, that also enables flexibility for local and diverse needs.

- e. Reduced variation and increased productivity in caseloads and staffing across community services.
- f. Improved staff recruitment and retention.
- g. Waiting times measuring in the top quartile in England.
- h. Integrated care between primary care and mental health teams to enable more person-centred care and a greater focus on adults with severe mental illness.
- i. High quality inpatient facilities that provide timely care, by an expert team in a therapeutic and compassionate environment.
- j. Worked together with our Local Authority partners to develop solutions to the housing and employment pathway challenges.

Work continues to develop the work programme and tracking against each of these areas.

- 3.1.6 We had anticipated bringing the strategy to the April Brent Health and Wellbeing Board, the April board of the Integrated Care Board and the May meeting of the Integrated Care Partnership. However, NHS England guidance makes clear that it is inappropriate for board and public meetings to discuss new strategies in the period leading up to the London Mayoral and Assembly election and the General Election.

3.2 Contribution to Borough Plan Priorities & Strategic Context

- 3.2.1 The Mental Health Strategy for adult residents of North West London builds on the Health and Care Strategy developed by North West London's Integrated Care Partnership, and on the Joint Health and Wellbeing Strategies developed by each North West London's boroughs.

4.0 Stakeholder and ward member consultation and engagement

- 4.1 The Mental Health Strategy for adult residents of North West London builds on the North West London Health and Care Strategy that was developed last year. This strategy was subject to public consultation and the final iteration included feedback from residents and communities.
- 4.2 Continuing input from the ICB's 'What matters to you' engagement programme has been fed into the development of the JFP.
- 4.3 We have conducted extensive engagement with residents in developing this strategy, with eight pivotal sessions across each of the eight boroughs. These sessions held from late August to early October, brought together a diverse range of residents and service users to share their experiences. Two online sessions (lunchtime and evening) open to all residents also took place. The engagement report is available at <https://www.nwlondonicb.nhs.uk/get-involved/your-views-mental-health-services-nw-london>

5.0 Financial Considerations

- 5.1 No direct financial considerations for Brent London Borough Council.

6.0 Legal Considerations

6.1 None

7.0 Equality, Diversity & Inclusion (EDI) Considerations

7.1 While the initiatives outlined in the Mental Health Strategy will doubtless give rise to EDI implications, North West London addresses these considerations (though, for example, EQIAs) as we prepare for implementation.

8.0 Climate Change and Environmental Considerations

8.1 N/A

9.0 Human Resources/Property Considerations (if appropriate)

9.1 N/A

10.0 Communication Considerations

To outline relevant considerations in relation to any required communication strategy or campaigns.

10.1 N/A

Report sign off:

Toby Lambert

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North West London ICB