



Health Partnerships Overview & Scrutiny Committee 7th February 2012

Report from the Director of Strategy, Partnerships & Improvement

For Action

Wards Affected:
ALL

Tackling Diabetes in Brent – Task Group

1.0 Summary

- 1.1 This report requests the Health Partnerships Overview and Scrutiny Committee to consider the attached scope for 'Tackling Diabetes in Brent' and agree for a task group to be set up.

2.0 Recommendations

- 2.1 That Members of the committee agree to set up a task group and that group offices are approached for membership.

3.0 Detail

- 3.1 The key issue is that Diabetes in Brent is increasing rapidly and is a significant health problem for the people of Brent, as well as being a huge financial burden on the NHS. There is a need to improve the preventative care measures provided by Brent PCT and to ensure that patients are diagnosed correctly.
- 3.2 Research carried out by the Joint Strategic Needs Assessment shows that the prevalence of diabetes registered patients in Brent is 6.7% compared to only 5.3% for London. It also confirms that there is a need to increase the provision and access to patient education and self management programmes.
- 3.3 There are a number of main risk factors leading to Diabetes:

- Obesity

- Lack of exercise
- Poor diet
- Ethnicity
- Deprivation
- Lack of knowledge
- Late diagnosis

3.4 Research shows that there is a clear link between Diabetes and ethnicity. People of South Asian, African, African-Caribbean and Middle Eastern decent have a higher than average risk of Type 2 diabetes. With 59 per cent of the population in Brent originating from black and ethnic minority backgrounds diabetes in Brent has become one of the biggest cost and challenges facing the NHS.

3.5 The scope for 'Tackling Diabetes in Brent' is attached.

4.0 Financial Implications

4.1 None

5.0 Legal Implications

5.1 None

6.0 Diversity Implications

6.1 None

7.0 Staffing/Accommodation Implications (if appropriate)

7.1 None

Background Papers

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